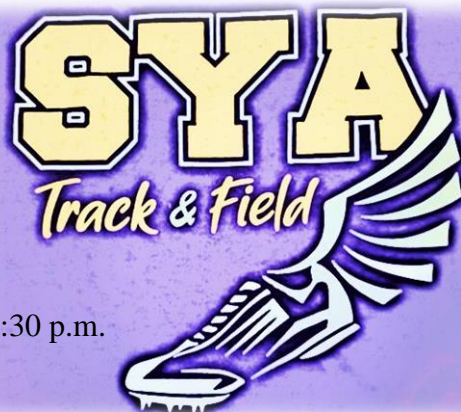


SYA TRACK & FIELD MEET 2019
1ST ANNUAL



Date: Sunday, May 26, 2019
Location: Smithsburg High School Track
Registration: 10:00 a.m. – 11:45 a.m.
*Registration available after 11:45 a.m. in the press box from 11:45 a.m.-1:30 p.m.
Volunteer/Coaches Meeting: 11:15 a.m. & 11:45 a.m.
Meet Starts: 12:00 p.m.
Entry Fee: \$6.00 per athlete (exact change please)
Age Groups: 6 & Under; 7/8; 9/10; 11/12; 13/14; **15

Age group is based on Dec 31, 2019.

****Athletes turning 15 this 2019 year will run in the 13-14 age group but given separate awards.**

Number of Events: (2) for 6&U; (3) for 7/8, 9/10; (4) for 11/12, 13/14, &**15.
(Relays do not count toward # of events).

Awards: Ribbons for top 6 finishers in each gender age group; Top 3 relay teams

Spikes: Spike nail can be longer than ¼ in.

Concession: Hot Food and a local creamery will have items for purchase near the main entrance.

Order of Events: GIRLS then BOYS.

May combine age groups in the 1500m & 3000m.

Open Pit Long Jump will start at 12:00 p.m. Both boys and girls get your practice jumps in between 10:00 a.m.-12:00p.m. No practice jumps once pit is open.

7/8, 9/10 will run 400 as water fall, all others in lanes.

Running Events:

1. 3000 M Run: 11/12, 13/14
2. 50 M Run: 6 & Under only
3. 100 M Dash (Final) 7/8, 9/10, 11/12, 13/14
4. 1500 M Run: 7/8, 9/10, 11/12, 13/14
5. 4x100 Relay: 7/8, 9/10, 11/12, 13/14
6. 400 M Run: 7/8, 9/10, 11/12, 13/14
7. 200 M Run: 7/8, 9/10, 11/12, 13/14
8. 800 M Run: 7/8, 9/10, 11/12, 13/14
9. 4x400 Relay: 7/8, 9/10, 11/12, 13/14

Field Events:

1. Shot Put: (3 throws) 7/8, 9/10, 11/12, 13/14
2. Discus:(3 throws) 13/14, 11/12, 9/10
3. Long Jump: (2 jumps) (6U Girls then 6UBoys 12:00 p.m.-1:00 p.m., then all ages Girls 1:00 p.m.-3:00 p.m. and all ages boys 3:00 p.m.-5:00 p.m.)
4. High Jump: (3 attempts) 13/14, 9/10, 11/12 * HJ bar will keep moving

No parking or tents allowed on the baseball/softball fields please.

Overflow parking will be at the Smithsburg High, Middle and Elementary school, if needed. Due to a small blockade that is in place by the school for an engineering concern, you can access two different parking areas down by the track from two directions. Please see map for details.



Blockade



Parking Areas